

# **Nebraska Planning Council on Developmental Disabilities**

## **5-Year State Plan**

### **2012 – 2016 Goals and Objectives**

The Nebraska Council selected the following goals as their priorities over the next five years. Priorities were determined with input from self-advocates, family members, Regional Councils, and service providers.

#### **Goal #1: Community Inclusion**

**To support communication and personal relationships in communities between children and adults with and without developmental disabilities in order to increase inclusion.**

- Support activities that result in more opportunities for inclusion of children and adults with developmental disabilities and model inclusive practices that can be replicated.
- Increase recreation options for children and adults with developmental disabilities.
- Maintain a network of regional councils so they can conduct statewide grassroots activities that enhance the inclusion of children and adults with disabilities in their communities.

#### **Goal#2: Employment**

**To increase the employment of individuals with developmental disabilities working in integrated settings and earning at least minimum wage.**

- Improve transition services from school to work resulting in jobs after graduation.
- Increase training and education on employment directed at service providers, individuals, families, employers, service coordinators, and community members.

#### **Goal #3: Quality Assurance**

**To support quality services across the lifespan based on the needs and decisions made by persons with developmental disabilities and their families.**

- Maintain legislative advocacy to insure continued support of people with developmental disabilities and their families.
- Increase education and training opportunities for those who support people with developmental disabilities in the community.
- Increase practices of safety along with reasonable risk for people with developmental disabilities in the community.

#### **Goal #4: Quality Assurance – Self-Advocacy**

**To increase quality assurance by supporting self-advocacy to become a valuable resource and increasing its visibility to policymakers.**

- Support self-advocacy groups to increase their participation at all levels of policy development.

#### **Goal #5: Health**

**To improve the health of individuals with developmental disabilities by expanding access to healthcare and insuring inclusive public health services.**

- Assess the health care concerns of people with developmental disabilities and their families.
- Expand in-service and pre-service training in all healthcare professions.
- Promote healthy lifestyles.
- Promote the use of telehealth to all areas across Nebraska